



Coronavirus 19 Update

If you have travelled to any of the affected areas in the last 2 weeks, or you have been in contact with someone who has and you think you have symptoms of the virus, please do not come down to the surgery.

You can see an up to date list of the affected areas by clicking on this Health Protection Scotland link :

<https://www.hps.scot.nhs.uk/web-resources-container/covid-19-risk-areas/>

Phone the practice and tell the receptionist of your concerns. A GP will call you back.

Updates on public health advice for coronavirus can be found on the [NHS Inform website](#), and a free helpline has been set up for those who **do not** have symptoms but are looking for general health advice: **0800 028 2816**.

The helpline is open:

- Monday to Friday, 8.00am to 10.00pm
- Saturday and Sunday, 9.00am to 5.00pm

Our doctors have requested that our patients do not attend the practice at 8.30am in the mornings to book appointments. Rather than large numbers of patients queuing, patients should telephone the practice in the morning to book appointments. **We wish to reassure patients that we will have more staff available to answer the telephone first thing in morning.**

You may still attend the practice to pick up prescriptions and book nurse appointments later in the day, as usual.

Please share the information in this leaflet with your friends and family. Please encourage them to sign up for our newsletter on our website www.stratheskmedicalpractice.co.uk if they would like to receive email updates.